



## Wouldham All Saints Church of England Primary School

Newsletter – w/e 20th January 2023

Shorter than usual newsletter today.

Year R celebrated Chinese New Year today by making their way around school performing their Dragon Dance. Well Done Year R—it was lovely to see you doing an amazing dance.

Mr Fitter, Headteacher

### Attendance this week

Whole school attendance this week 95.5%

Best attendance this week:

Nightingale Class 98.1% and

Robin Class 97.7 %

### Absence

Please can we request that if your child is absent from school for any reason that either an email to the school office or a phone call be made as early as possible. Without a reason for absence, pupils are marked as unauthorised absence and we legally have a short window to be able to change registers. Your co-operation on this matter would be much appreciated.

### INFORMATION FROM KENT COMMUNITY NHS FOUNDATION TRUST

We have been asked to share the following information to all parents/carers:

[Better Health - NHS \(www.nhs.uk\)](http://www.nhs.uk) - Healthy changes start with little changes. Whether you want to lose weight, get active or quit smoking, Better Health is here with lots of free tools and support. You can also find simple ways to lift your mood with Every Mind Matters.

[One You Kent | Kent Community Health NHS Foundation Trust \(kentcht.nhs.uk\)](http://kentcht.nhs.uk) - Whether you want to lose weight, get active, quit smoking, or just feel better about life One You Kent is here to support YOU.

[Oral health promotion resources | Kent Community Health NHS Foundation Trust \(kentcht.nhs.uk\)](http://kentcht.nhs.uk) – Here you will find some oral health promotion resources that are useful for parents, adults with special needs and their carers, and professionals.

[Dental services - NHS \(www.nhs.uk\)](http://www.nhs.uk) – Information about NHS dental services, how to find an NHS dentist and how much treatment costs.

[Home - ERIC](http://eric.nhs.uk) - Find out how you can keep your child's bowel and bladder working properly from birth. Clinically approved information and resources to help you and your child.

[Immunisation Team | Kent Community Health NHS Foundation Trust \(kentcht.nhs.uk\)](http://kentcht.nhs.uk) - The NHS has a guide to help you understand the vaccines offered in the UK and when to have them. It also explains how they work and why they're safe and important.

[Sleep hygiene in children and young people | Great Ormond Street Hospital \(gosh.nhs.uk\)](http://gosh.nhs.uk) – Here you will find an information sheet from Great Ormond Street Hospital (GOSH) explaining about sleep hygiene. Having good sleep hygiene can help your child both to settle to sleep and to stay asleep.

[Sleep problems in young children - NHS \(www.nhs.uk\)](http://www.nhs.uk) - Lots of young children find it difficult to settle down to sleep and will wake up during the night. For some people, this might not be a problem. But if you or your child are suffering from a lack of sleep, there are some simple techniques you can try.

### DATES FOR TERM 3

Kingfisher Class maths	Wednesday 18th January 2023 9am
Starling Class maths	Friday 20th January 2023 9am
Wagtail Class maths	Wednesday 25th January 2023 9am
Goldfinch Class maths	Friday 27th January 2023 9am
Year 2 class trips to Wingham	Friday 3rd February 2023
Exploring behaviour strategies	Tuesday 7th February 1.15—3.15 pm (course for parents—sign up at office)
Wear Something Red	Charity event for PTA
Master Builders trip for Year 1	Friday 10th February 2023
End of term 3	Friday 10th February 2023
Start of term 4	Monday 20th February 2023
Snowdon Residential	Sunday 26th February to Saturday 4th March 2023
Mother's day gift room	Monday 13th and Tuesday 14 th March 2023
Rock your socks day	Tuesday 21st March 2023
End of term 4	Friday 31st March 2023

Please note there is an additional Bank Holiday on Monday 8th May for the Kings Coronation