



Wouldham All Saints Church of England Primary School

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Headteacher : *Mr Carl Fitter B-Ed(Hons) NPQH*

BEAM group.

Your child has been offered the chance to be part of our new BEAM group. BEAM (Balance, Education and Movement) gives children the chance to work on fun activities which help improve their coordination, balance and gross and fine motor skills. It takes place for 20 minutes twice weekly morning and is run by our trained BEAM staff member- Mrs Adams.

Research has shown that co-ordination and balance are necessary for children to develop classroom skills, such as the ability to sit still, to concentrate and listen, eye contact and tracking, as well as hand-to-eye co-ordination which in turn supports writing skills. We feel that your child would really enjoy and benefit from these sessions.

If you do not wish for your child to participate in these sessions, or if you have any further questions, please do contact me via the school office or via my email: hweston@wouldham.kent.sch.uk